



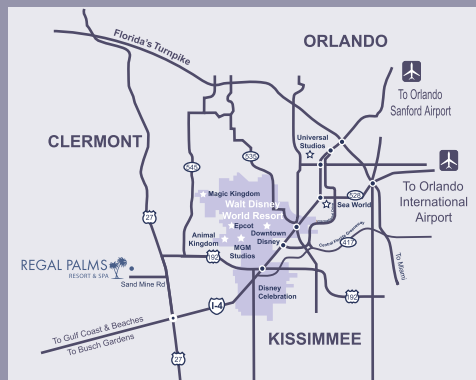
at Regal Palms Resort



Inner Beauty | Health | & Longevity

MM24261

Ascención Day Spa at Regal Palms Resort
2700C Sand Mine Road
Davenport, Florida 33897
(t) 863.424.6141 x 6130



Conveniently located minutes from Walt Disney World® off Highway 27 on Sand Mine Road, two miles south of the Highway 192 and Highway 27 intersection.

ASCENCIÓN DAY SPA HOURS

Spa
Monday - Sunday
9:00 a.m. - 5:00 p.m.

Fitness Center
Monday - Sunday
6:00 a.m. - 10:00 p.m.

www.regalpalms.com



at Regal Palms Resort

VISION

Ascención Day Spa at Regal Palms is an oasis that creates a warm, caring and relaxing atmosphere providing superior quality services.

MISSION

Custom services are tailored to the individual. Pamper experience is provided by trained professionals with the highest regard for value and respect.

We...

- Offer Spa and Bridal Packages
- Provide Gift Certificates
- Employ only trained and licensed technicians
- Have appointments available seven days a week
- Accept MasterCard, Visa and Discover

Relaxation Awaits You...

AGE POLICY

Adults 18 years and older are welcome to enjoy massages, facials, and body services. For Spa Services, children 14-17 years old must be accompanied by an adult at all times. The minimum age for the fitness center (Gym Facilities) is 18 years old.

Due to insurance safety regulations young children are only permitted in the spa and fitness area when receiving professional services.

RESERVATION & CANCELLATION POLICY

We recommend booking your spa treatments in advance, however walk-ins are welcome. Please call Ascención Day Spa directly at 863.424.6141 ext. 6, or simply dial 6130 from your room to book your appointment.

If you must cancel your treatment, please do so within 4 hours of your scheduled appointment. Less than a 4 hour notice may lead to a \$25.00 charge to the credit card on your room. This is to ensure we can accommodate all of our guests with maximum availability.

When booking multiple services guest may be asked to leave a credit card deposit which is non-refundable in case of a no show or late cancellation (under 12 hours).

SERVICE CHARGE

For parties of 6 or more an 18% gratuity will be added to the spa services.



Massage Therapies

Swedish Massage

This light to medium pressure massage is used to improve the circulation, ease muscle aches and tension, improve flexibility and promotes relaxation.

30 min. \$55 50 min. \$75 80 min. \$115

Therapeutic Massage

Medium to firm pressure techniques used to reduce chronic muscle pain, improve circulation, increase flexibility and promotes the body's natural ability to recover.

30 min. \$60 50 min. \$85 80 min. \$125

Deep Tissue Massage

Firm to deep pressure targets knots and releases chronic muscle tension. It's especially helpful for chronically tense and contracted areas such as stiff necks, shoulder and low back tightness.

30 min. \$65 50 min. \$95 80 min. \$135

Facial Treatments

Basic Facial

This is a great treatment for young adults wanting to experience basic skin care. Includes cleansing, exfoliating, and a customary mask.

30 minute treatment \$50

Hydrating Facial

Includes cleansing, exfoliating, toning, masque, and a head, neck and shoulder massage to top off your treatment.

45 minute treatment \$75

Men's Sport Facial

Cleanse, exfoliation, vapor mist, toning, customary masque, head, neck and shoulder massage.

30 minute treatment \$65

Acne Facial

Custom anti-bacterial facial for sensitive skin, including deep cleanse, extractions when necessary, toning, massage, vapor mist, and a customary masque.

45 minute treatment \$85

Hot Stone Massage

Hot Stone massage is a specialty massage that uses smooth, heated stones. The stones are used during the massage and are often placed on the body in tension areas. The heat helps tight muscles release.

50 min. \$90 80 min. \$140

Prenatal Massage

Nurture the mother-to-be with a full-body massage to relieve tension and discomfort during pregnancy. A support cushion is used to accommodate any stage of pregnancy. You MUST be out of your first trimester to safely receive this light to medium pressure treatment.

30 min. \$60 50 min. \$85

Foot Reflexology Massage

A special massage technique carried out on your feet to correspond to specific areas of the body. Combined with gentle massage movements, it reduces stress and tension restoring the natural flow of energy in the body.

30 min. \$60 55 min. \$110

Deep Pore Cleansing

Duel-cleanse, exfoliation, vapor mist, toning, extractions when necessary, massage and a customary masque to top off the treatment.

50 minute treatment \$80

Back Facial

Includes cleanse, exfoliate, toning, extractions and a masque on your upper back.

30 minute treatment \$60

Age-Defying Facial

This customized facial includes cleansing, gentle exfoliation, vapor mist, toning, firming facial massage, a multi-vitamin masque with a collagen eye treatment.

45 minute treatment \$85

Facial Enhancements

Collagen Eye Pads	\$15
15 minute Hot Stone Massage	\$20
Paraffin Treatment Hands or Feet	\$10
...Combination...	\$15

Body Treatments

Body Exfoliation

Whisk away roughness, dullness and skin stressors with a full body exfoliation. You may choose between Sugar and Salt. It is best not to shave the day of your treatment.

Sugar Scrub (best for dry skin)

Salt Scrub (best for oily skin)

45 minute treatment \$70

Mineral Mud Wrap

A mud wrap is a great way to detoxify and re-hydrate dull skin. We lightly polish your body with our mineral based mud and wrap you with a thermal blanket for your comfort.

50 minute treatment \$75

Enhancements

Customize any Massage, Facial, Salt Scrubs or Body Wraps with the following...

Express Body Exfoliation	\$40
Aromatherapy	\$10
Hand or Foot Scrub	\$10 each
Paraffin soak for your Hands or Feet	\$10 each
Mask for your Hands or Feet	\$15 each
....Combination...	\$20

Hair Design

Cut's & Style

Bang Trim	\$10
Haircut & Style	\$50
Shampoo and Hair Blow Dry	
.....short	\$35
.....medium	\$45
.....long	\$55
Haircut with Shampoo	\$30 and up
Flat Iron / Curl Iron	\$20 and up
Kids Haircut 8 and under	\$15
Girl's Princess Hairdo	\$35 and up
Boy's Punk Hairdo	\$25
& temporary tattoo	

Color & Highlights

Color Single Process	\$65 and up
Semi Permanent Color	\$65 and up
Full Foil Highlights	\$140 and up
Partial Highlights	\$75 and up
Color Gloss	\$55 and up
Deep Conditioning	\$20 and up
Clarifying Treatment	\$20 and up
Protein Treatment	\$20 and up
Perms	\$65 and up

Specialized Nail Care

Traditional Manicure / Pedicure

Includes soaking, nail shaping, exfoliation, cuticle care and massage followed by your favorite choice of nail polish.

Manicure \$25 Pedicure \$30 Combination \$50

Spa Manicure / Pedicure

Re-energize and hydrate your hands and feet with an aromatic masque in addition to a traditional manicure/pedicure.

Manicure \$35 Pedicure \$40 Combination \$70

Manicure / Pedicure Enhancements

Paraffin Soak for Hands or Feet	\$10 each
...Combination...	\$15
10 minute Extra Massage	\$10 each
...Combination...	\$15
10 minute Hot Stone Massage	\$15 each
...Combination...	\$20
French Polish	\$5

Makeup Artistry

Makeup Application	\$50
Special Occasion Makeup Application	\$75

Barber Services

Men's Cut	\$20
Flat Top Cut	\$25
Beard Trim	\$10
Beard Design	\$10
Mustache Trim	\$8
Mustache Design	\$8
Brow Trim	\$5

Waxing Services

Eyebrows	\$15
Upper Lip	\$15
Chin	\$15
Neck	\$20
Under Arms	\$30
Forearm / Full Arm	\$35 / \$55
Half Legs / Full Legs	\$35 / \$70
Bikini Wax	\$50
Back	\$75
Chest	\$60

*Prices are subject to change without notice.